



MASSAGE THERAPY

 **New Beginnings Signature Massage** 80 min \$150

A Spa Koru speciality massage; combines Swedish, deep tissue, Asian pressure point, and light energy work using hydrating organic aromatherapy oils.

Silver Fern Massage 50 min \$95 or 80 min \$145

This Swedish technique provides comfort and relaxation while relieving stress and tension.

Deep Sea Massage 50 min \$100 or 80 min \$150

This deep tissue massage technique focuses on the deepest layers of muscle tissue to relieve areas of discomfort and tension by using trigger points and therapeutic pressure.

Fire Dance Stone Massage 50 min \$100 or 80 min \$150

Heated smooth sea stones are gently placed on pressure points and used with warm organic oil to massage the entire body and bring you back to balance.

Sports Massage 50 min \$100 or 80 min \$150

This therapeutic massage promotes relaxation and stimulates circulation while mobilizing and improving muscle tone. This massage is perfect for those looking for advanced bodywork.

Couples Massage 50 min \$175 or 80 min \$270

Enjoy a Silver Fern massage while sharing the mood of relaxation with a loved one or friend. Reconnect and share the healing experience of a massage in our couple's room.

Maternity Massage 50 min \$100

A gentle, soothing massage designed to relieve discomfort and reduce fluid retention for expectant mothers. This treatment is recommended for mothers in their second or third trimester only.

Express Massage 25 min \$55

A moment of relaxation for the person on the go. Enjoy an express version of our Silver Fern Massage, and take on the rest of the day with a relaxed and balanced outlook.

 *The spiral denotes a Koru Specialty*

FACIALS & BODY TREATMENTS

Facials:

 **Spiral Up Signature Facial** 80 min \$145

Another Koru specialty, this organic facial addresses a variety of skin concerns in one facial: premature aging, sun damage, loss of skin vitality and luminosity. Gentle massage techniques softly exercise the muscles in your face, neck and decollete, while your skin drinks in the raw organic Eminence products.

Stone Crop Facial 50 min \$95

Eminence Organic Skin Care's Stone Crop helps reduce pigmentation, lightens your complexion, assists in the regeneration of skin cells, firms stressed skin, and moisturizes while it's being massaged into your skin. This facial is perfect for those trying to reduce the signs of aging or heal sunburned skin. Let this intense hydrator relieve the signs of aging as you benefit from its super antioxidants.

Custom Eminence Facial 50 min \$95

Eminence Organic Skin Care allows estheticians to customize a facial based on your skin type. Products that firm aging skin, reduce redness and calm irritated skin are chosen after a brief consultation. Relax while your skin is cleansed, exfoliated, toned, treated, moisturized, and protected with products that are specifically customized for you and your skin.

Express Facial 25 min \$55

The perfect treatment for the person on the go. Let Eminence Organic Skin Care work its magic to treat and detoxify your skin in an express version of our Custom Eminence Facial.

Body Treatments:

 **Sea Salt Serenity** 80 min \$155

Organic sea salt harvested straight from the Avon Fishing Pier by Hatteras Saltworks is used to exfoliate and detoxify the skin, preparing it to receive a rich moisturizing experience of shea butter. You are then wrapped in a warm cocoon of blankets while you receive a neck, hand, and foot massage, deepening your serene experience.

Island Cream Wrap 50 min \$100

Our indulgent Island Cream Wrap begins with all over body brushing that will remove dead skin cells and stimulate your body's lymphatic system. You will then receive a soothing application of rich shea butter covering your entire body before you are wrapped in a warm cocoon of blankets. Enjoy a gentle head, shoulder and foot massage while warm towels and essential oils assist in total relaxation.

Radiant Glow Scrub 50 min \$100

Enjoy clear skin and a healthy glow after this gentle exfoliation that boosts the natural flow of circulation and fluids in the body. This exhilarating experience leaves your skin supple, soft, and refreshed.

